

PATTERN 7742

PATTERN PIECES:

| | | |
|---------|---|-----------------------|
| A B C D | 1 | Front 1x |
| A B C D | 2 | Back 1x |
| A B | 3 | Sleeve 2x |
| A D | 4 | Strip for Neckline 1x |
| B C | 5 | Collar 1x |
| C D | 6 | Strip for Armhole 2x |

THE CUTTING LAYOUTS ARE ON THE PATTERN SHEET

PREPARING PATTERN PIECES

Choose your size according to the Burda measurement chart on the pattern sheet: dresses, blouses, jackets and coats according to your bust measurement, pants and skirts according to your hip measurement. Adjust the pattern pieces, if necessary, by adding or subtracting the number of inches that your measurements differ from the measurements given in the Burda chart.

ABCD

Cut out the following pattern pieces in the required size from the pattern sheet:

for the SHIRT view **A** pieces 1 to 4,

for the SHIRT view **B** pieces 1 to 3 and 5,

for the SHIRT view **C** pieces 1, 2, 5 and 6,

for the SHIRT view **D** pieces 1, 2, 4 and 6.

LENGTHENING OR SHORTENING PATTERN PIECES

Our pattern is calculated for a height of 5 feet, 6 inches (168 cm). If you are taller or shorter, you may adjust the pattern to fit your size at the lines marked "lengthen or shorten here".

➔ Make sure that you adjust all pieces of one model by the same amount at the same lines.

How to lengthen and shorten pattern pieces:

Cut the pattern pieces along the marked lines.

To **lengthen**, slide the two halves of the pattern piece as far apart as necessary.

To **shorten**, overlap the two halves of the pattern piece as far as necessary. Even out the side edges.

CUTTING OUT

FOLD (– – –) means: here is the center of a pattern piece but in no case a cut edge or a seam. The piece should be cut double, with the fold line forming the center line.

Pattern pieces that are outlined with a broken line in the cutting diagrams are to be placed face down on the fabric.

The cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric.

ABCD

For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the wrong side. The pattern pieces that are shown in the cutting diagram extending over the fold of the fabric should be cut last from a single layer of fabric.

SEAM AND HEM ALLOWANCES must be added to the pattern pieces: 2" (5 cm) for hem, no allowance for sleeve hem since 2" (5 cm) are included on the pattern piece, 5/8" (1.5 cm) at all other seams and edges except on pieces 4 and 6 (seam allowance included on the pattern piece).

Use BURDA carbon paper to transfer the pattern outlines (seam and hem lines) and all other lines and markings to the wrong side of the fabric pieces according to package instructions.

SEWING

When sewing, right sides of fabric should be facing.

Transfer all pattern lines to the right side of the fabric with basting thread.

Tips on working with stretch fabrics:

For optimal results, use an overlock machine for stitching seams on stretch fabrics. This will produce especially stretchy seams and prevent tearing.

If you do not have an overlock machine, use a special stretch stitch or a shallow zigzag setting to keep the seams stretchy. Do not use too high a thread tension. Use a **jersey sewing machine needle**. The ball-point tip will not damage the fabric.

① Use a **twin sewing machine needle** to stitch edges (e.g. hems). Stitch from the right side of the fabric with a straight stitch setting, using two upper threads and one bobbin thread. The bobbin thread will form zigzag stitching. This will prevent the fabric from stretching during stitching and keep the seam stretchy.

Vilene Bias Tape is a 1/2" (12 mm) wide bias tape made of lightweight interfacing. A chain stitch about 3/6" (4 mm) next to the edge gives it stability. Vilene Bias Tape is ideal for use on rounded edges or for fabric pieces cut on bias grain. It is very soft and holds the edge without making it stiff. Vilene Bias Tape is available in white and anthracite by the yard/meter at sewing shops.

ABCD TOP

② Cut a piece of Vilene Bias Tape the same length as the front shoulder edges. Iron the Bias Tape onto back shoulder edges, easing in the edges a bit. A good 1/4" (8 mm) of the Bias Tape lies on the allowance.

D

Back / Snap Fastening Tape

③ Clip back piece along center back from lower edge to 3/8" (1 cm) before crosswise line and 3/6" (0.5 cm) into corners at end of opening. Press cut edges 3/6" (0.5 cm) wide outward. Topstitch close to edges (3a). Baste snap fastening tape (bottom halves of snaps) on **right** edge at marked abutting line from marking. Turn in lower edge at hem fold line. Stitch fastening tape close to edges, topstitch lower edge (3b).

④ Baste fastening tape with top halves of snaps on back piece beginning at upper edge and matching centers. **Please note:** The snaps must match at the bottom. Stitch tape in place close to **left** edge, turn in lower edge and topstitch close to edge. Stitch close to right edge from the top to other piece of tape. Stitch across tape at top end of opening.

ABCD

Shoulder Seams

Lay front right sides together with back. Baste shoulder seams (seam number 1), easing back shoulder edges. Stitch. Trim allowances, neaten together and press onto back.

A

Neckline

⑤ Fold strip for neckline (piece 4), right side facing in. Stitch center back seam. Press allowances open. Fold strip in half. Mark center front (5a).

⑥ Baste strip on neckline matching centers and stretched slightly to fit. The open edges lie on the allowance, seam matches with center back. Stitch strip 3/8" (1.5 cm) wide at a shallow zigzag setting. Trim allowances, neaten together and press onto front and back. Topstitch joining seam with the TWIN NEEDLE (6a).

Pattern 7742

D

Neckline

Stitch seam on strip for neckline (piece 4). Fold strip in half and press as described and illustrated in step 5.

➔ Cut off allowance at edge of neckline.

7 Baste strip on neckline stretched slightly to fit. The open edges lie one on the other, the seam meets with a shoulder seam. Stitch strip $\frac{3}{8}$ " (1 cm) wide at a shallow zigzag setting. Trim allowances, neaten together and press onto front and back. Topstitch joining seam with the TWIN NEEDLE (7a).

CD

Armholes

Press strip (piece 6) in half, wrong side facing in.

➔ Cut off allowance at edge of armholes.

Baste strip on edges of armholes stretched slightly to fit. The open edges lie one on the other. Stitch strip $\frac{3}{8}$ " (1 cm) wide at a shallow zigzag setting (see illustration 7).

Trim allowances, neaten together and press onto front and back. Topstitch joining seam with the TWIN NEEDLE (see illustration 7a).

BC

Collar

8 Fold collar, right side facing in. Stitch center back seam. Press allowances open.

Fold collar on FOLD LINE, pin joining edges together.

9 Pin collar right sides together with neckline matching centers and matching markings with shoulder seams. Stitch collar at a shallow zigzag setting (seam number 5). Trim allowances and neaten together.

ABCD

Side Seams

Lay front right sides together with back. Stitch side seams (seam number 2). Trim allowances, neaten together and press onto back.

Hem

10 Neaten hem, turn in, baste and press. Topstitch lower edge $1\frac{1}{2}$ " (3.5 cm) wide with the twin sewing machine needle, catching hem.

Sew back edges of hem on bands for view D.

AB

Sleeves

11 To ease sleeve caps, stitch two closely spaced lines of machine basting (longest stitch setting) from ★ to ★ .

Fold sleeves lengthwise, right side facing in. Stitch **sleeve seams** (seam number 3). Trim allowances, neaten together and press to one side.

Stitch **sleeve hem** as described and illustrated in step 10.

Setting in Sleeves

To ease sleeve caps, pull bobbin threads.

12 Pin sleeve into armhole, right sides facing. When setting in sleeves, 4 points are important for proper fit:

➔ Match markings 4 on sleeve and front. Match sleeve and side seams. Match marking at sleeve cap with shoulder seam. Distribute fullness evenly to avoid forming tucks.

Baste and stitch sleeve from sleeve side. Trim seam allowances and neaten together.