

## PATTERN 7791

### PATTERN PIECES:

A B C 1 Front and Back Pant Piece 2x

SEE PATTERN SHEET FOR CUTTING DIAGRAMS

Whether this is your first sewing project, or if you have already accomplished a few beginners' projects – Burda's "Start" line of patterns is just right for you. "Start" carefully explains the basic techniques of dressmaking. Step-by-step instructions will guide you through constructing your garment. We wish you every success!

### HOW TO TAKE YOUR MEASUREMENTS

Even if you already know your size, it is wise to take your measurements before cutting out the pattern pieces. BURDA pattern sizing is not always identical to ready-to-wear sizing. Take exact body measurements, preferably wearing underwear or a leotard.

You will need the following measurements for this style:

1. WAIST: measured firmly about the waist
2. HIP: measured at the fullest point

The illustration at the left shows exactly where to take the measurements. Now compare your measurements with the chart on the pattern sheet to determine your BURDA size.

Select PANT size according to your hip measurement.

### CUTTING OUT THE PAPER PATTERN PIECES

#### ABC

Cut out the pattern piece 1 for the LEGGINGS in the required size from the pattern sheet.

### LENGTHENING OR SHORTENING PATTERN PIECES

Our pattern is calculated for a height of 5 feet, 6 inches (168 cm). If you are taller or shorter, you may adjust the pattern to fit your size at the lines marked "lengthen or shorten here".

➔ Make sure that you adjust all pieces of one model by the same amount at the same lines.

**How to lengthen and shorten pattern pieces:**

Cut the pattern pieces along the marked lines.

To **lengthen**, slide the two halves of the patten piece as far apart as necessary.

To **shorten**, overlap the two halves of the patten piece as far as necessary.

Even out the side edges.

### HOW TO CUT OUT THE FABRIC PIECES

**FOLD (– – – –)** means: here is the center of a pattern piece but in no case a cut edge or a seam. The piece should be cut double, with the fold line forming the center line.

#### ABC

Fabric is available at various widths. We have calculated this garment for 45" (114 cm) and 55" (140 cm) wide fabrics. Find the cutting diagram on the pattern sheet which corresponds to your size and fabric width.

#### Straight Grain

A straight grain arrow or an edge is marked on each pattern piece. Position the pattern pieces on the fabric so that the arrow or edge runs parallel to the selvages (see illus. 1).

#### SEAM AND HEM ALLOWANCES

must be added to the pattern pieces:

$\frac{5}{8}$ " (1.5 cm) for hem and at all other seams and edges except at upper edge of pants since  $1\frac{1}{2}$ "

(3.5 cm) facing are already included on the pattern piece.

#### Cutting from a double layer of fabric:

Fold the fabric in half lengthwise, right side facing in and matching the selvages. Pin the paper pattern pieces to the fabric according to the cutting diagram. Note straight grain of fabric.

Illustration 2 shows how to place the pant piece for view A, sizes 10 to 16 (36 to 42) on 55" (140 cm) wide fabric.

#### Or

Fold the fabric in half widthwise, right side facing in and matching each selvage with itself. Pin the paper pattern pieces to the fabric according to the cutting diagram. Note straight grain of fabric.

Illustration 3 shows how to place the pant piece for view A, sizes 20 to 24 (46 to 50) on 55" (140 cm) wide fabric.

#### Cutting from a single layer of fabric:

Spread the fabric on the working surface right side facing up. Pin pieces 1 on the fabric once printed side **facing up** and once printed side **facing down**. Note straight grain of fabric.

Illustration 4 shows how to place the pant piece for view A, sizes 22 and 24 (48 and 50) on 55" (140 cm) wide fabric.

Mark the seam and hem allowances round the edges of the paper pattern pieces. Cut out the fabric pieces on these lines (illus. 5).

#### Transferring pattern markings

Before removing the paper pattern pieces from the fabric, you should transfer the pattern piece outlines and other important pattern piece lines and markings onto the wrong side of the garment pieces: e.g. fold line and stitching line for the elastic casing. The easiest way to transfer pattern markings is to use BURDA dressmaker's carbon paper and a tracing wheel (illus. 6), or use pins and tailor's chalk.

**Seam numbers** on the pattern pieces indicate how to construct the garment. Edges with matching numbers are to be stitched together (illus. 7).

### HOW TO CONSTRUCT YOUR GARMENT

**When sewing, right sides of fabric should be facing.**

#### Tips on working with stretch fabrics:

For optimal results, use a serger/ an overlock machine for stitching seams on stretch fabrics. this will produce especially stretchy seams and prevent tearing.

If you do not have a serger/ an overlock machine, use a special stretch stitch or a shallow zigzag setting to keep the seams stretchy. Do not use too high a thread tension. Use a jersey sewing machine needle. The ball-point tip will not damage the fabric.

① Use a TWIN NEEDLE to stitch edges (e.g. hems). Stitch from the right side of the fabric with a straight stitch setting, using two upper threads and one bobbin thread. The bobbin thread will form zigzag stitching. This will prevent the fabric from stretching during stitching and keep the seam stretchy.

#### ABC

### LEGGINGS

#### Inside Leg Seams

② Fold pant legs lengthwise, right side facing in. Stitch inside leg seams (seam number 1). Trim allowances, neaten together and press to one side.

#### Center Seam

③ Turn one pant right side facing out. Pull one pant leg over the other right sides facing.

④ Baste center seam, matching inside leg seams. Stitch. Trim allowances, neaten together and press to one side.

#### Upper Edge of Pants / Elastic Casing

⑤ Neaten facing, turn in on FOLD LINE, baste and press. Use the twin needle to topstitch upper edge of pants for elastic casing  $1\frac{1}{4}$ " (3 cm) wide, leaving an opening to insert elastic. Use a safety pin as a bodkin to insert elastic for a comfortable fit at the waist. Sew ends of elastic together. Sew up opening in seam.

#### Hem

⑥ Turn hem in, baste and press. Use the twin needle to topstitch lower edge of pant legs  $\frac{1}{2}$ " (1.3 cm) wide, catching hem (see also step 1).